



## FREQUENTLY ASKED QUESTIONS

### Who is Mobile Health?<sup>1</sup>

Since 1984, Mobile Health has been a trusted employee screening and occupational health provider. 6,500 nationwide clinics and on-site teams offer every medical exam employers need for hiring and compliance.

### What services are available through the GHX/Mobile Health scheduling portal?

Commonly required vaccines, titers, and drug tests for facility access, such as:

- Varicella vaccine/titer
- MMR vaccine/titer
- Hepatitis B vaccine/titer
- One-step QuantiFERON Tuberculosis blood test
- 5 different drug screen panel options

For a detailed list, please refer to the table provided. **1**

### Where can I find Mobile Health screening locations?<sup>1</sup>

During the ordering process, a zip code search will identify the closest location for your visit.

### Can I schedule appointments online?

Yes, you can conveniently schedule an appointment online by visiting <https://ghx.mobilehealth.com>.

### How long does it take to get results?<sup>1</sup>

Most test results are returned within 2-3 business days.

### Can I expedite or rush my testing?<sup>1</sup>

No, but next day appointments are available.

### How do I receive results?

Results will be sent directly to your email provided during the ordering process.

**Note:** If you have any questions or need assistance with obtaining your results, please contact Mobile Health at **212-695-5122**.

### Do I need to bring a form of personal identification to my appointment?<sup>1</sup>

Yes, any of the following forms of identification are accepted: Driver's License, State ID, Passport, Employment Authorization Card, Green Card.

### Can I use my insurance?<sup>1</sup>

You can pay for services with a credit card, FSA/HSA credit/debit card or regular debit card. Receipts are available should you need them for insurance reimbursement.

### Will I still need to upload documents to my Vendormate profile to fulfill requirements?

Yes, you will need to submit documents such as proof of immunization for MMR, Varicella, TB, Hepatitis B, Influenza, and/or documentation of a completed drug screening, such as a letter of attestation from your current employer or a note from a physician or nurse. The "Final Report" you receive from Mobile Health can be accepted for most lab-based requirements.

**Note:** We value your confidentiality; therefore, we do not accept drug screen results. You may need to upload specific pages from this report for drug screen requirements.

For detailed instructions on how to fulfill a specific document requirement, please refer to the instructions in your [Vendormate profile](#) by selecting the requirement name from the 'My Credentials' page.

### What are the different drug panel options? **2**

5-panel, 7-panel, 8-panel, 9-panel, and 10-panel.

**Note:** Healthcare facilities and employers set their own policies for drug screening, which may include screening for marijuana. The number of panels (substances) that are requested to be tested may vary. Please be sure to refer to the specific requirements of each facility.

### What is the difference between a vaccine and a titer?<sup>2</sup>

A vaccine builds immunity against viruses, while a titer measures antibody levels in your blood to assess immunity. Titer tests help you decide if you need a vaccination, saving you time if you're unsure about your vaccination history or unable to locate previous records.

### What is QuantiFERON-TB Gold titer?<sup>3,4</sup>

The QuantiFERON-TB Gold titer is a simple blood test that aids in the detection of Mycobacterium tuberculosis, the bacteria which causes tuberculosis (TB). Unlike the PPD TB skin test, it can be completed in just one office visit versus two.

### What is respirator fit testing?<sup>5,6</sup>

Fit testing is the method of finding the right size respirator. Employees working a position that is regulated by OSHA Respirator Standard CFR 1910.134 are required to have a respirator fit testing done at least once a year.

1. Mobile Health. (2024, April 4). Patient FAQs. Retrieved from <https://www.mobilehealth.com/patient-faqs/>  
2. Mobile Health. (2024, April 4). Vaccines Titers. Retrieved from <https://www.mobilehealth.com/vaccines-titers/>  
3. World Health Organization. (n.d.). Tuberculosis. Retrieved from <https://www.who.int/news-room/fact-sheets/detail/tuberculosis>  
4. Mobile Health. (n.d.). Patient TB Testing. Retrieved from <https://www.mobilehealth.com/patient-tb-testing/>  
5. Mobile Health. (n.d.). Respirator Fit Test. Retrieved from <https://www.mobilehealth.com/respirator-fit-test/>  
6. Occupational Safety and Health Administration. (n.d.). Respiratory protection (1910.134). Retrieved from <https://www.osha.gov/laws-regs/regulations/standardnumber/1910/1910.134>





## GHX Vendormate + Mobile Health

We've teamed up with Mobile Health to streamline access to occupational health services, so you can fulfill commonly required lab-based credentialing requirements with ease. Schedule and obtain vaccines, drug panels, titer tests for proof of immunity, and more—from new hire screenings to annual compliance.

1

GHX		Mobile Health	
Drug Screening	Vaccines	Titer Tests	Other
Drug Screen - 10 Panel	Seasonal Quadrivalent Flu Vaccine	QuantIFERON-TB Gold Plus – TB Titer	TB Screening Questionnaire
Drug Screen - 5 Panel	MMR (Measles, Mumps & Rubella) 2 Shot Series	MMR (Measles, Mumps & Rubella) Titers	Chest X-Ray PA
Drug Screen - 7 Panel	Varicella (Chicken Pox) 2 Shot Series	Varicella (Chicken Pox) Titer	Qualitative Respirator Fit Test
Drug Screen - 8 Panel	Hepatitis B Vaccine 3 Shot Series	Hepatitis B Surface Antibody Titer	History & Physical
Blood Alcohol Level	Tetanus, Diphtheria, and Pertussis (Tdap) Vaccine		
Breath Alcohol Screen			

2

PANEL	EXAMPLE SCREENED DRUGS	D/S 05-DOT	D/S 07	D/S 08	D/S 09	D/S 10
Amphetamine	Adderal, Dyanavel, Eveko, Vyvanse	X	X	X	X	X
Barbiturate	Allobarbitol, Amobarbital, Barbitol, Pentobarbital, Secobarbital		X	X	X	X
Benzodiazepine	Alprazolam, Clonazepam, Diazepam, Lorazepam, Midazolam, Prazepam		X	X	X	X
Cannabinoid/THC	Marijuana, Dronabinol, Nabilone, Rimonabant, synthetic cannabinoids: Dimethylheptylpyran, Levonantradol	X		X		X
Cocaine	Coke, Crack	X	X	X	X	X
Opiate 2000, EIA	Codeine, Morphine	X <sup>1</sup>	X	X	X	X
Methadone	Dolophine, Armidone, Methadose, Metadol, Heptanon/Heptadon		X	X	X	X
Methqualone	Quaalude			X	X	X
Phencyclidine	PCP	X	X	X	X	X
Oxycodone/Oxymorphone	OxyContin, Paracetamol, Percodan, Targin, Numorphan, Opana					
Propoxyphene	Darvon, Darvocet				X	X
Meperidine	Demerol					
Tramadol	Ultram					

<sup>1</sup>Expanded Opiates

### Mobile Health Support

If you have any specific questions concerning your detailed lab results, please contact Mobile Health Client Services at **212-695-5122**. Client Services hours are Monday through Friday 9am-4:30pm EST.

### GHX Vendormate Customer Care

If you have any specific questions concerning your Vendormate profile, please contact GHX Vendormate Customer Care at [support@ghx.com](mailto:support@ghx.com) or follow the steps outlined below for live chat.

- [www.ghx.com](http://www.ghx.com)
- Technical Support
- GHX Vendormate > Chat Us

